

Horses Lead Courses – Walk with me

Why this course

When we are working in a team most people know when their team is working effectively and when not. However understanding what makes the difference and how to change a team dynamic can be tricky. Getting clear, honest, helpful and immediate feedback from people about how they experience an individual's contribution to a team is also a challenge.

Horses on the other hand don't read textbooks and their responses are not conditioned by the complexities underlying human interactions. However in the wild their lives would depend on the success of the team (herd). This makes them a discerning mirror for any would be human team leader or member.

About

These sessions are tailored to the organisations' requirements. They offer a powerful learning experience in which participants will have the opportunity to experiment with team dynamics and receive feedback on their individual contribution through the responses of the horses. The sessions are also supported by:



1:1 coaching from the human members of our team.



Classroom based training providing opportunities for reflection.

Objectives

By the end of the session participants will:

- ✓ Have experimented with team tasks, analysed what makes the team effective and identified the key attributes and skills needed in an effective team member.
- ✓ Understood the vital role of communication both verbal and non-verbal in team activities.
- ✓ Identified their personal style and how to adapt it to motivate their team and individuals in it.
- ✓ Developed a personal Action Plan to translate their new knowledge into practice.
- ✓ Had the opportunity to try out their new learning in the mirror of the horse.

Details

Target Audience	This session is for any team of individuals who have to achieve together.
Approach	A participative and physically active style
Duration	1 or 2 day courses or ½ day taster sessions tailored to your organisations requirements.
What we cover	The communication and approach needed by individuals for team success
Expected Outcome	Individuals will gain <ul style="list-style-type: none">✓ Insight into their personal impact on team dynamics✓ A wider understanding of effective communication

To book

Please contact us At Horses Lead Courses to discuss your requirements further by:

Email: info@horsesleadcourses.co.uk

Tel: 01992 629531

Mob: 07803 206939