

Horses Lead Courses – Inspiring Leaders

Why this course

When we are in a position of leadership there are textbooks on, and examples of, good leadership to help. However putting that knowledge into practice can be tricky. Getting clear, honest, helpful and immediate feedback from people about how they experience our leadership skills can be a challenge. Horses on the other hand don't read textbooks and their responses are not conditioned by the complexities underlying human interactions. In the wild their lives would depend on recognising a good leader and behaving as part of that leader's team (herd) which makes them a discerning mirror for any would be human leader.

About

These sessions offer a powerful learning experience in which participants will have the opportunity to experiment with different leadership styles and receive feedback on the participants effectiveness through the responses of the horses. The sessions are also supported by:



1:1 coaching from the human members of our team.



Classroom based training providing opportunities for reflection.

Objectives

By the end of the session participants will:

- ✓ Have explored concepts of leadership.
- ✓ Understood the vital role of verbal and non-verbal communication in leadership
- ✓ Identified the key attributes and skills needed to inspire, motivate and lead.
- ✓ Identified their personal leadership style and how to adapt it to achieve success.
- ✓ Developed a personal action plan to translate their new knowledge into practice.

Details

Target Audience	This session is aimed at all leadership levels to promote team and organisational development.
Approach	This session has a participative and physically active style.
Duration	Can be run as a 1 or 2 day course or a ½ day taster sessions tailored to your organisations requirements.
What we cover	This session will include exploring effective leadership concepts and style.
Expected Outcome	Individuals will gain <ul style="list-style-type: none">✓ A clearer understanding of the effect of their current leadership skills.✓ A wider range of leadership and communication skills.✓ An understanding of when and how to vary their approach to motivate teams and individuals.

To book

Please contact us At Horses Lead Courses to discuss your requirements further by:

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